



## Clinical Diabetology

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This practical book on diabetes mellitus covers the entire spectrum of disease management. It contains guidelines for the lifelong management of both acute and chronic complications, behavioral approaches to care and the latest pharmacologic therapies.

**Nov 10 •**  
9789380704845  
280 x 210 • 350 pps. •  
89 images  
Hardback

**Category:** Endocrinology

**Readership:**  
Trainee and practicing  
Endocrinologists

**BIC Code:** M MF MFN  
MJN MMH MMZ

### Key Points

- Explains epidemiology, classification and types of diabetes mellitus along with pathogenesis of type-1 & 2, clinical presentation, and laboratory diagnosis
- Gives insight into insulin resistance syndrome, metabolic syndrome, effects of hyperglycemia/hypoglycemia on other body systems, oral anti diabetic agents, diabetic nephropathy/neuropathy/autonomic neuropathy, sexual dysfunction in diabetes mellitus, etc
- Also incorporates management plans for patients, diabetes education, and therapeutic lifestyle changes such as nutrition, exercise and the latest information on treatment and self-management
- Includes sample meal plans and food exchange lists such as lean protein, medium-fat protein, and high-fat proteins—all with serving portion sizes.

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